

# Meeting the Challenges to Improve Cardiovascular Outcomes

*Collaborative effort by:  
Baptist Regional Medical Center,  
Eastern Kentucky University &  
Southern Kentucky AHEC*

**February 23 & 24, 2012  
Corbin Technology &  
Community Activities Center  
Corbin, Kentucky**

# Agenda

## Focus

Provide latest information on prevention, treatment, and recommended guidelines for cardiovascular disease and its complications.

## Objectives

*At the end of this conference, participants will be able to:*

- Discuss the issues of anticoagulation in atrial fibrillation including the CHADS score.
- Present clinical consideration for cardioversion and the use of medications in the management of atrial fibrillation.
- Review recommended treatment options for cardiovascular disease and its complications.
- Discuss the role of bedside ultrasound in the crashing patient.
- Compare and contrast the latest advances in pharmacologic and therapeutic management of cardiovascular conditions.
- Identify dietary components that may reduce Cardiovascular Heart Disease risk factors.
- Review the mechanism of injury from iodine based contrast dye and its prevention.
- Describe the lived heart attack experience and healthcare teams' response between organizations for a successful outcome.
- Discuss barriers and strategies for healthy living.

## Target Audience

Physician, Pharmacist, Physician Assistant, Dentistry, Certified Medical Assistant, Dietitian, Respiratory, Nurse, Nurse Practitioner, Radiology, Nursing Home Administrator and Sonographer

## Fee - Waived

Registration includes instruction, access to handout materials, contact hours, supplies, and meals. Seating is limited, registration honored on a first come, first serve basis.

## Notice

Presentations and speakers subject to change. All event meals have been approved by a dietitian. We would be pleased to assist you with any special needs (i.e. physical, dietary etc.) please let us know in advance.

## Thursday - February 23, 2012

6:00 - 6:30 p.m.

Registration/Dinner/Vendors

6:30 - 8:40 p.m.

**Management of Atrial Fibrillation: Anticoagulants and Procedures**

Thomas F. Wayne, Jr, MD, PhD, FACC

8:40 - 8:45 p.m.

Adjournment/Evaluations

## Friday - February 24, 2012

7:30 a.m.

Registration/Breakfast

8:00 - 9:00 a.m.

**Cardiovascular Update 2012**

TBD

9:00 - 10:00 a.m.

**Bedside Cardiovascular Ultrasound Saving Lives with Sound Waves**

Matthew Dawson, MD, RDMS, RDCS

10:00 - 10:15 a.m.

Break

10:15 - 11:15 a.m.

**Pharmacological and Therapeutic Developments in the Management of Cardiovascular Conditions**

Glen E. Farr, PharmD

11:15 - 12:15 p.m.

**Chronic Inflammation/Chronic Disease: Can we reduce with an anti-inflammatory diet?**

Loyanne Wilson, PhD, RD, CDE

12:15 - 1:15 p.m.

Lunch/Vendors

1:15 - 2:15 p.m.

**Contrast Induced Nephropathy**

Kamran Hasni, MD

2:15 - 3:15 p.m.

**When Things Go Right in Treating a Heart Attack: A Family's Perspective**

Harold G. Hall

Kathy Hall, MSN, RN-BC

3:15 - 3:30 p.m.

Break

3:30 - 4:30 p.m.

**Addressing Barriers & Strategies for Healthy Living – Are You Practicing What You Preach?**

Leslie Phillips

4:30 - 4:45 p.m.

Adjournment/Evaluations

# Continuing Education

**Physician/PA/Nursing Home Administrator:** This program has been approved by the Southern KY AHEC for CME Credit. The Southern Kentucky Area Health Education Center is accredited by the Kentucky Medical Association (KMA) to sponsor continuing medical education for physicians. The Southern Kentucky Area Health Education Center designates this educational activity for a maximum of (nine (9) credits) *AMA PRA Category 1 credit(s)*<sup>™</sup>. Each physician should claim only those hours of credit actually spent in the educational activity.

**Nursing/KBN:** KBN Contact Hours provided by Baptist Regional Medical Center. February 23th approved for 2.7 KBN. KBN Provider Offering # 4-0051-12-16-726  
February 24th approved for up to 8.7 KBN. KBN Provider Offering # 4-0051-12-16-727

**Nursing/ANCC:** Eastern Kentucky University, the Division of Continuing Education and Development, is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission On Accreditation. February 23th approved for 2.25 ANCC Contact Hours. 2.0 ANCC contact hours of Program dedicated to Pharmacology. February 24th approved 7.25 ANCC Contact Hours. February 24th with 2.0 ANCC contact hours of Program dedicated to Pharmacology. (60 minutes = 1 contact hour for ANCC Credit)

**Pharmacy:** This program has been submitted to the KY Board of Pharmacy for Pharmacy Credit. (Credit Pending)

**Dietitian:** This program has been submitted to the ADA for Dietary Credit. (Credit Pending)

**CMA:** This program has been submitted to the American Association of Medical Assistant for Credit. (Credit Pending)

**Dentistry:** This program has been approved by the Southern Kentucky Area Health Education Center.

**Respiratory:** This program has been submitted to the American Association for Respiratory Care for credit. (Credit Pending)

**Radiology:** This program has been submitted to the Radiation Control Branch for Credit. (Credit Pending)

**Sonographer:** This program has been submitted to the American Registry of Diagnostic Medical Sonographers for Credit. (Credit Pending)

## Maximum 9 Hours

*Partial credit will be given on a per hour basis.*

*Must complete a written evaluation to be awarded contact hours.*

## Attendance Requirement

Must stay for entire session and complete a written evaluation to be awarded contact hours.

### Cancellation Policy

Please notify us of any cancellation three business days prior to training in order to allow another interested participant to attend.

In the event of inclement weather, please listen to KD Country - 99.5 FM or call Southern AHEC at (606) 682-0675 or BRMC (606) 528-1212

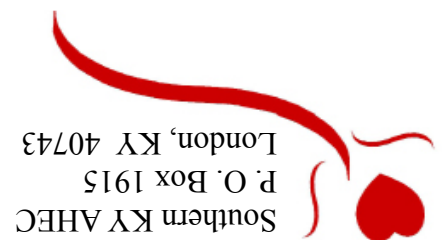
## Registration Deadline

February 10, 2012

## Program Supported Through Educational Grants From

Baptist Regional Medical Center  
Eastern Kentucky University -  
Division of Continuing Education  
and Development  
Southern Kentucky AHEC

NOTE: At the time of this printing, a complete listing of commercial supporters was not available. Appropriate acknowledgment will be given to all supporters at the time of the meeting.



## Registration Information

Register online at:

[www.soahec.org/cecme.html](http://www.soahec.org/cecme.html)

Registration Deadline: February 10, 2012

*All program correspondence will be sent through emails.*

### **Directions:**

*Northbound I-75 Exit 25:*

Turn RIGHT off Exit, the Center is on the right about 1/4 mile

*Southbound I-75 Exit 25:*

Turn LEFT off Exit, the Center is on the right about 1/4 mile

Across from Entrance to Baptist Regional Medical Ctr.

*Keep in mind that the Center tries to maintain meeting room temperatures at an appropriate level. However, because everyone reacts differently to various temperatures, we strongly suggest that you wear layered clothing in order to remain comfortable.*

For additional information contact:

Anna Jones (606) 864-1432      or      Cindi Farmer (606) 526-8319