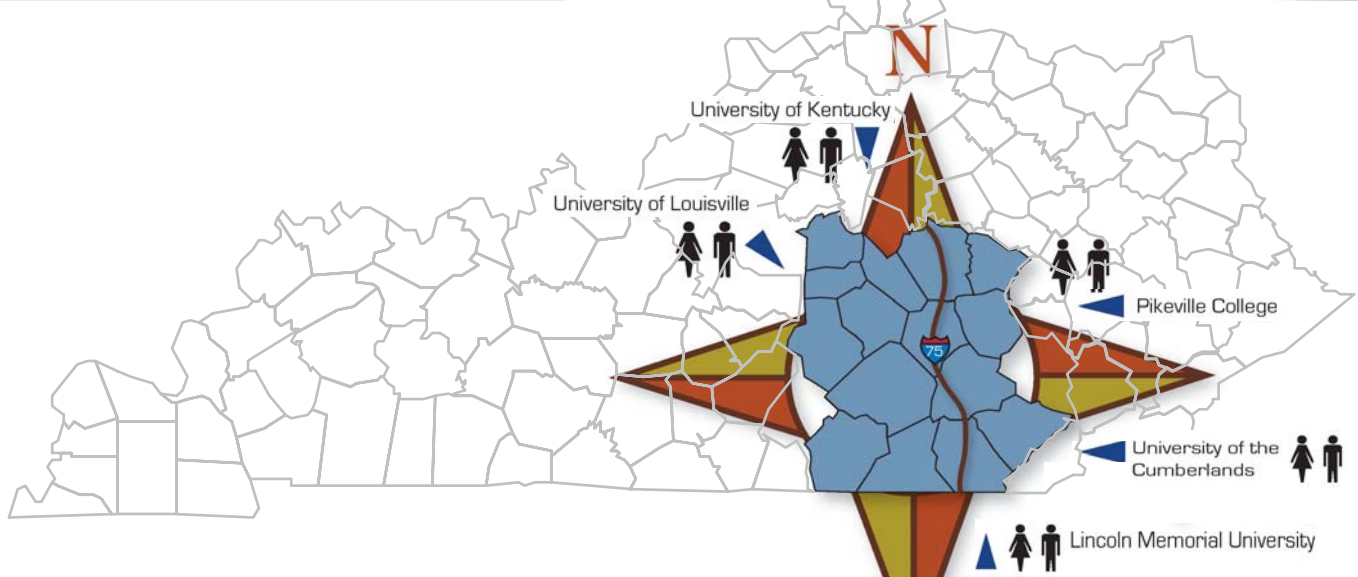


S.KY AHEC REPORT



Southern prepares for influx of students

Demand for medical and physician assistant student rotation support in the Southern KY AHEC region continues to grow.

The University of the Cumberlands, located in Williamsburg, received provisional accreditation for its Physician Assistant program in September, bringing to five the total number of schools which by 2011 will regularly send students to precept with faculty located in the Southern AHEC region.

U of C will join the University of Kentucky, University of Louisville, Pikeville College School of Osteopathic Medicine, Lincoln Memorial-DeBusk College of Osteopathic Medicine, and LMU's Physician Assistant program in enrolling medical and/or PA students. Until 1999, when PCSOM's first class went on

rotation, regional AHECs primarily supported the rotations of only UK and U of L students.

"While the steadily increasing number of students eventually should help address our region's access to care issues, it immediately will place an increased demand on those in our region who volunteer to precept students," said Dwain Harris, director of the Southern AHEC, adding that the demand on AHEC staff will also increase. "Our job is to partner and facilitate in whatever way we are needed to ensure the smooth scheduling of these rotations. We will work hard to continue to accomplish this."

U of C's initial enrollment will be 16; classes start in January 2010 while rotations begin in 2011.

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By the numbers

July, August, September 2009

-  Health careers / education participants: 3196
-  Continuing Medical Education attendees: 595
-  Community education: 1084
-  Medical Library services: 58
-  Student rotations: 77
-  Academic Detailing project participants: 22

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On rotation...

Whitney Cornette is the kind of person who takes her time deciding on things, but then when she does, she doesn't turn back.

Once Whitney, a UK fourth-year pharmacy student, decided on her career, "I never doubted it. There was never a point where I thought I should do something else."

What attracted her to pharmacy was a love of science and a knowing that she wanted to help people. "But I didn't know how much," she added, "until I worked as a tech one summer in Corbin and started realizing that a pharmacist can make a difference."

She was hooked from then on.

And so it is with certainty that the Whitley County native goes through her final year of rotations.



fourth-year student likes team approach

"The rotation experience has been great," she says, adding that she's been impressed by the team approach she has experienced among pharmacists and other healthcare professionals. In the Southern KY AHEC region, she's had rotations in Barbourville and Corbin.

She is unsure where she ultimately will settle. Here's hoping she'll take her time deciding, as always, and then come back to rural Kentucky.

- Dwain Harris



WHITNEY CORNETTE

Passport to baby's good health

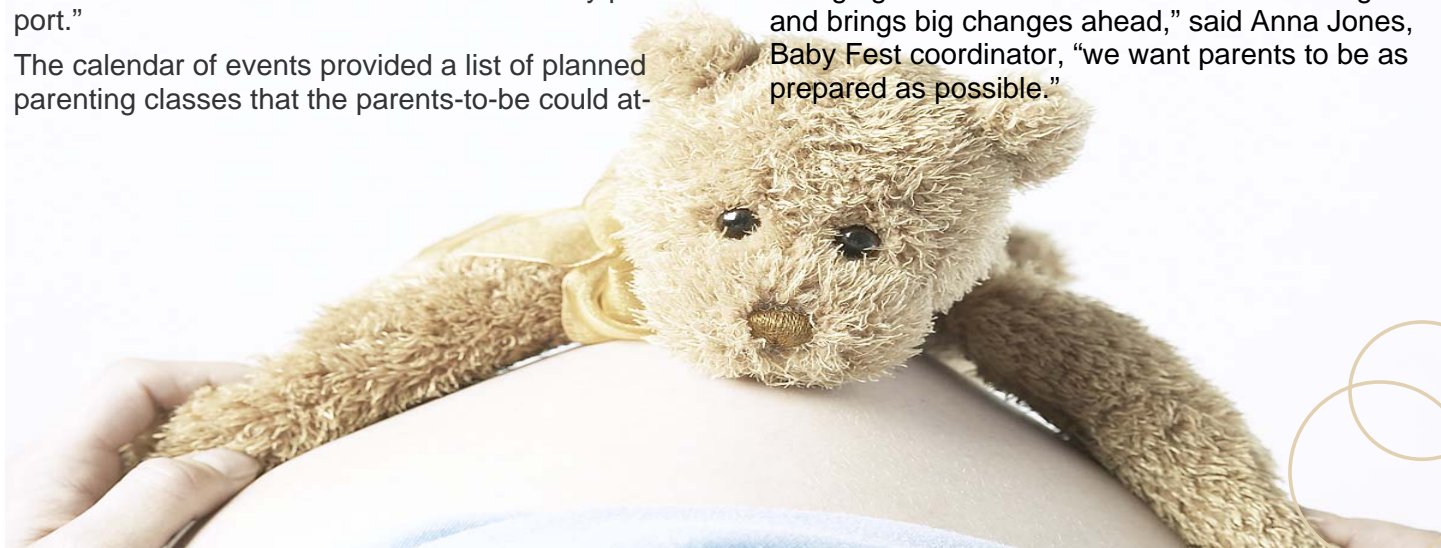
Baby Fests are a great motivation for parents-to-be to come as a group and meet to gather information about how to take care of their little one. Like the traditional baby shower the fest is an event for well wishing and celebration but with a focus on health education.

It is a challenge to provide all the health and care information to take care of baby in a one-day event. So in order to offer more information to parents, this year the Baby Fest committee gathered ideas and constructed a calendar of events and a "baby passport."

The calendar of events provided a list of planned parenting classes that the parents-to-be could at-

tend and learn more about their newborn's health. As a requirement to attend the July 18, 2009 Baby Fest they had to attend two hours of additional health and care classes. Classes and workshops focused on childbirth, prenatal care, growth and development and a mothers' support group. Individual classes were recorded on the baby passport—their ticket to the Baby Fest event. As shown on their passport most participants attended more than the two-hour required minimum.

"Bringing a newborn home is such an amazing time and brings big changes ahead," said Anna Jones, Baby Fest coordinator, "we want parents to be as prepared as possible."



CAMPS

FOCUS

HC3 camp

The regional health career camp known as HC3, held at partner Ephraim McDowell Regional Medical Center, was a highlight of the summer. Thirty eighth and ninth grade students from Boyle, Casey, Garrard, Lincoln, Mercer, and Jessamine Counties enjoyed an action-packed week. Some of the content areas included dentistry, veterinarian medicine, pediatric rehab, forensic science, nursing skills lab, and a field trip to the Louisville Science Center. Pictures are Daphne Pittman (left) and Lindsey Conley, both from Casey County, learn about anatomy by dissecting frogs.







Southerners head to UK

The Southern region was well represented at this year's University of Kentucky enrichment camps. Ten of the 28 campers in the 6-week Summer Enrichment Program were from the Southern region, while six in the 2-week Health Researchers Youth Academy hailed from our territory. Pictured are Cody Manning (London), Angel Norton (Corbin) and Rachel Huffman (London). Also pictured is health careers coordinator Karen Adams.



upcoming events

-  **November 16 & 17, 2009** — *University of Kentucky Annual AHEC Meeting, Lexington, Ky*
-  **November 18, 2009** — *Kentucky Rural Health Association Fall Conference, KY Telehealth Network*
-  **November 20, 2009** — *Health Occupations Today (HOT) Expo — Center for Rural Development Somerset, Ky*
-  **December 3, 2009** — *Respiratory Disease Diagnosis & Treatment — Corbin Technology & Community Activities Center, Corbin, Ky*

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