



Improving health through education.

S.KY AHEC REPORT



Go Red attendee Linda Flowers of Corbin looked at the "Let's Paint Corbin Red for Women" proclamation signed by Willard McBurney, Mayor of Corbin, at Go Red For Women.

Inside...

- Workshop gives guidance
- Faces of rural healthcare
- Upcoming events

Heart healthy events highlight February

If attendance at two AHEC events was any indication, residents of Whitley and surrounding counties took cardiovascular health to heart in February.

Go Red for Women, held Feb. 4, attracted 384 participants who engaged in heart health education presented by several area health leaders. Speakers covered topics such as the signs and symptoms of cardiovascular disease and the relationship between nutrition and heart health. Attendees also enjoyed a celebrity appearance by WKYT anchorwoman Barbara Bailey.

The annual cardiovascular symposium, held Feb. 25 and 26, attracted 128 the first evening and 232 on the second day. One of the highlights was a presentation entitled Cardiovascular Health in Kentucky by Dr. William Hacker, a Corbin native and Kentucky's Commissioner of Public Health. Dr. Hacker was also instrumental in the development of the Southern AHEC, serving as its first medical coordinator and providing many years of service going back to the 1980s.





Dr. William Hacker talked with Mary Welsh of Corbin during the conference.

"I always enjoy returning to Corbin to see old friends and make new ones," Dr. Hacker said. "This conference was very well attended and it was an honor to be part of an impressive agenda."

By the numbers

January, February, March 2010

-  Health careers / education participants: 6109
-  Continuing Medical Education attendees: 441
-  Community education: 2288
-  Medical Library services: 230
-  Student rotations: 91
-  Academic Detailing project participants: 30

Visit us on the web:
www.soahec.org

Attendance: 73 Workshop guides counselors, students to healthcareers



Guidance counselors, high school students and college students listened as UK's Brendan McCarthy talked about the UK AHEC Summer Enrichment Program.

Southern KY Area Health Education Center sponsored the Upper Cumberland Counseling Association quarterly meeting held on March 12th in London at the Somerset Community College Laurel Campus, North in the new health sciences building. Seventy three attended and were engaged in a packed day-long agenda.

When the workshop expanded its target audience to include high school and college students for this counselors' workshop, the new campus building offered the perfect solution to showcase health careers threefold. Ultimately, it just made sense to include the intended recipients of this useful information in the audience since many guidance counselors and educators are unable to attend



Workshop organizer Karen Adams talked health careers with Alex Cryer of South Laurel High School.

this annual workshop.

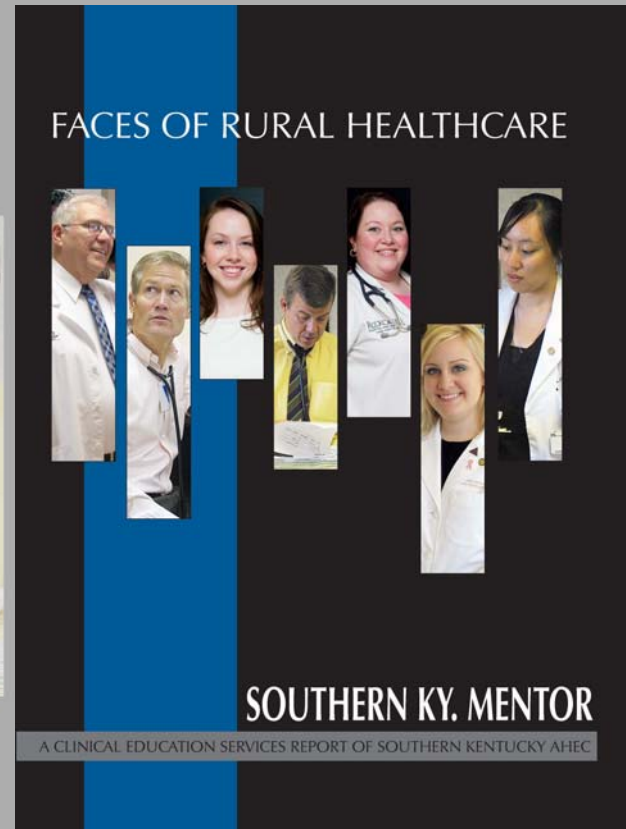
Laurel County high school students listened intently to the University of KY College of Medicine student Ryan Brown's personal story about his journey into medicine. Ryan piqued interests of the many area Somerset Community College and Eastern KY University students who were in the audience with his inspirational and humorous stories and memories. With the current and growing shortage of primary care physicians across this state and nation, AHEC

is continually looking for ways to encourage and support students in the medical career pipeline. High school and college students found the many other workshop presentations and resources to be helpful in the day-long event.

S.Ky Mentor

Sneak Peek

Telling the story of rural health Education



"This is one way we recognize the contributions of our many fine preceptors, and a way to shed light on the how rural rotations fit into the educational experience. "

- Dwain Harris, So. AHEC Director

Partners of the Southern Kentucky AHEC soon will receive the 2010 edition of the Southern KY Mentor magazine. The publication, which is produced every two years, highlights the clinical education piece of the AHEC mission. It's full of feature stories and about preceptors and students of the S.KY region. This edition includes stories about Dr. Stewart Tobin, UK College of Medicine's 2009 Preceptor of the Year, Barbourville pharmacist and preceptor George Hammonds, a student profile, and much more.





"This is one way we recognize the contributions of our many fine preceptors, and a way to shed light on the how rural rotations fit into the educational experience," said Dwain Harris, Southern KY AHEC center director.

If you would like to receive a copy, call our office at 606-256-0950 and we'll mail one to you. It will also be posted on our website at www.soahec.org.



Pharmacist George Hammonds teaches a University of Kentucky student.

upcoming events

-  **April 27, 2010** — Advisory Board Meeting, — *Boone Tavern, Berea, Kentucky*
-  **May 21, 2010** — Lets Clear the Air—A Look at Respiratory Disease and Conditions, — *Corbin Technology & Community Activities Center, Corbin, Ky*
-  **June 10 & 11, 2010** — AHEC Summer Conference: Smoking Guns of Healthcare — *Rockcastle High School, Mt. Vernon, Ky*
-  **June 15-18, 2010** — MASH Camp — *Rockcastle Regional Hospital & Respiratory Care Center, Mt. Vernon, Ky*

advisory board

Jim Ballard
UK AHEC Central Office

Suzanne Barnhill, DMD
Barnhill Pediatric Dentistry, P.S.C.

Steve Estes, CEO
Rockcastle Regional Hospital and Respiratory Care Center, Inc.

Marissa Greer, RN, BSN
Somerset Community College

George Hammons, RPh.
Knox Professional Pharmacy

Tom Houchens, RPh.
Laurel Heights Home for the Elderly

Glen Massengale, Chairman
Community Member/Business Owner

Louise Moore
UK Cooperative Extension Service

Harry Nickens
Ephraim McDowell Health

Jim Norton, PhD
UK AHEC Central Office

Nancy Powell
Somerset Community College

Paul R. Smith, MD
Southern KY AHEC Medical Director

John Puckett
UK medical student

Jerian Shaw
Pattie A. Clay Regional Medical Center

Susan Starling, CEO
Marcum & Wallace Memorial Hospital

Melissa Zook, MD
White House Clinic

staff & location

Dwain Harris, Center Director
Karen Adams, Health Careers Coordinator
Shirley Balman, Academic Detailer
Diana Brandenburg, Health Careers Coordinator
Mary Congleton, Medical Librarian
Shawnee Eckert, Office Manager/ Special Projects Coordinator
Anna Jones, Assistant Director/ Outreach Education Coordinator
Gerry Musterman, Clinical Education Coordinator

Main Office: PO Box 1770 - Mt. Vernon, KY
606-256-0950
Satellite Office: PO Box 1915 - London, KY
606-864-1432

Proudly serving these counties...

Boyle, Casey, Estill, Garrard, Jackson, Knox, Lincoln, Laurel, Madison,
McCreary, Mercer, Pulaski, Rockcastle, Wayne, Whitley

S.KY AHEC Report is a publication of the Southern Kentucky Area Health Education Center.
Editor: Dwain Harris **Assistant Editor/Graphic Designer:** Shawnee Eckert