

# S.KY AHEC REPORT



## At left..

MASH campers Cali Parker and McKinzie Todd get a hands-on experience.

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## *"I'm not a doctor, but I played one at camp!"*

Rockcastle County Middle School students spent the week of June 22-26 at Rockcastle Regional Hospital learning more about health care careers at MASH camp. MASH (Math and Science for Health Careers) is in its fifth year. Josh Bray was the camp director for the 17 middle school students enrolled.

During the camp week hospital staff gave presentations, department tours, and conducted hands-on activities with students to enhance their understanding of the many opportunities in health care. Some of the camp activities that campers participated in were as follows: observed a pre-op proce-

dures, practiced suturing, obtained vital signs and worked with nursing staff, learned about respiratory therapy services and measured oxygen saturation levels through pulse ox, made DNA pendants from their own DNA, learned how to fill a prescription and researched patient education information with a pharmacist, and toured the physical and occupational therapy departments.

Highlights for most of the campers were the field trip to UK, dissecting a frog, and the new surgery center at Rockcastle Hospital. Said one student, "I really liked UK because I got to hold a human heart."

## *By the numbers*

April, May, June 2009



Health careers / education participants: 5342



Continuing Medical Education attendees: 839



Community education: 481



Medical Library services: 144



Student rotations: 71



Academic Detailing project participants: 14

# rural

# footprints

## Program ties communities to rural healthcare



Southern Kentucky AHEC again hosted Community Ties at Arlington Country Club in Richmond, KY. On April 21<sup>st</sup> seven students and their guests, preceptors from the region and representatives of local hospitals gathered to recognize the students' acceptance into a health care professions graduate program.

Students who attended were from Centre College, Eastern Kentucky University and the University of Kentucky. They will be attending the Colleges of Medicine and Pharmacy at UK and the U of L Medical School.

Dr. Melissa Zook, Medical Director of Whitehouse Clinics, was the guest speaker. She presented on the top ten reasons to practice rural medicine. The evening ended with personal recognition of each student on their accomplishments.



Pictured are students who were honored at Community Ties: Courtney Bowlin, Ashley Diamond, Chris Fleming, Megan Pendley, Nicole Wendschlag, Brittany Wilson, Katrina Winkler.

## Rural Trauma: Every Second Counts



Peggy Arvin, RN from "Prevent Child Abuse Kentucky" presented at Summer Conference.



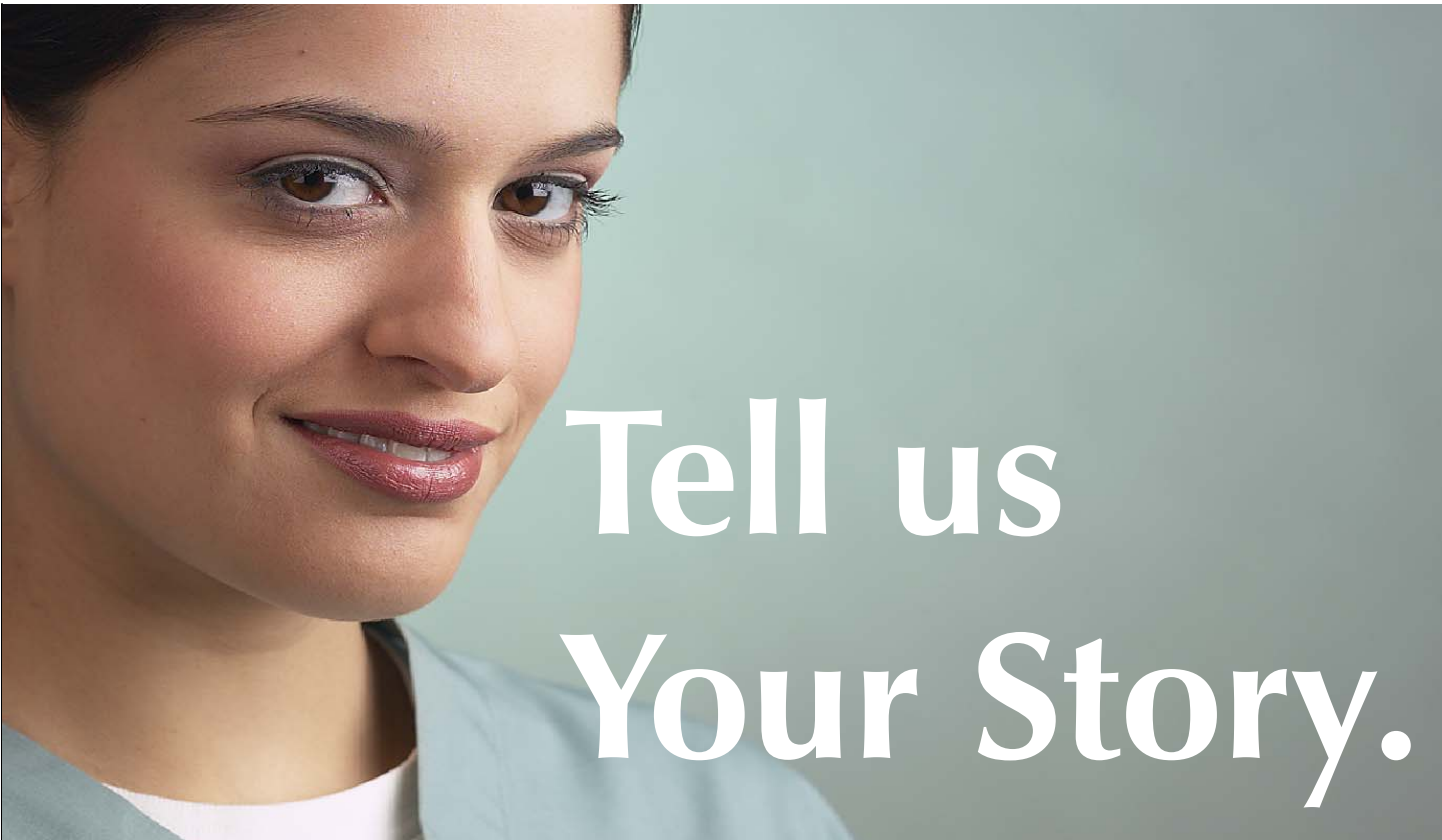
The 18<sup>th</sup> Annual AHEC Summer Conference was held June 18 and 19 at Rockcastle County High School.

The conference theme of rural trauma care was timely as Kentucky moves toward a statewide trauma system. More than 100 attended each days' sessions (30 were first-time attendees) and heard presentations such as "Challenging Cases in a Rural ED" by Rockcastle physician Dr.

Kevin Rowe, and "Child Victims of the Drug Epidemic," by UK's Holly Hopper.

The pre and post-test scores indicated a high degree of educational value. Respondents correctly answered 47.5 of the pre-test questions vs. 82 percent of post-test questions.





# Tell us Your Story.

**We need your story to inspire the next generation of healthcare workers.**

**What inspired you to become a healthcare professional?**

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**How did you get to where you are today?**





*We want to hear from you.*





**E-mail your story to [dharris@soahec.org](mailto:dharris@soahec.org) or for more information visit us at [www.soahec.org](http://www.soahec.org).**

# upcoming events

 **October 2, 2009** — The Latest Advances in Diabetes Management — *Corbin Technology & Community Activities Center, Corbin, Ky*

 **October 13, 2009**— Advisory Board Meeting, — Old Crow Inn, *Danville, Kentucky*

 **October 23, 2009** — The New Generation of COPD Patients — *London Community Center, London, Ky*

 **November 20, 2009** — Health Occupations Today (HOT) Expo — *Center for Rural Development Somerset, Ky*

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